



# JUNIOR FALCON FOOTBALL

## 2026 Season Checklist and Calendar

### Equipment Fitting and Handout

Includes helmet, chin strap, shoulder pads, practice jersey, GAME pants, PRACTICE pants, practice pants belt, knee pads. All players need to be fitted for proper size to give the most protection while playing. Wear football girdle (padded compression shorts) to the handout as pants need to be fitted correctly while wearing the pads under them.

- June 16
  - 5:30-6:00 PM: Boosters and Coaches
  - 6:00-7:00 PM: 8th Grade
  - 7:00-8:00 PM: 7th Grade
  - @Rockwood Summit High School
  - Meet coaches and team reps, see/make friends, and move from station to station. Photos will be taken for verification/roster and stickers applied to helmets.
  - The league requires a sports physical every year to participate in the fall football season. We accept physicals (on any form) from last year if they are dated on or after July 1, 2024. **All physicals are due before practice begins Monday, August 10.**

### What to bring with you to Equipment Checkout?

- June 18
  - 5:30-6:00 PM: Boosters and Coaches
  - 6:00-7:00 PM: 5th & 6th Grade
  - 7:00-8:00 PM: 3rd & 4th Grade
  - **Bring your player and checkbook! If possible, if possible, have them wear a girdle or snug athletic briefs.**
  - **Equipment deposit check (\$400.00/per player)**
  - **Work deposit check (\$350.00/per player)**  
Checks are returned at the end of the season at equipment return in November provided all items are returned in similar condition and two volunteer assignments are complete
  - Sports physical if you have it; if not, we'll get it later

### Practices

- Aug. 10  
6 to 8 pm
 

First day of practice @Rockwood Summit High School, upper fields  
**Additional equipment** (not supplied) needed by first practice includes: five-pad football girdle, cleats/turf shoes, mouth guard
- Weeks of Aug. 10 and Aug. 17
 

Practices are Monday through Friday
- Week of Aug. 24
  - Practices are Tuesday and Thursday
  - No practice on the first day of school, Aug. 24
- Weeks of Aug. 31 and Sept. 7
 

Practices are Monday, Wednesday, and Friday  
- No practice on Labor Day, Sept. 7
- Week of Sept. 14, going forward
 

Practices are Tuesday and Thursday

### Important Dates

- Tuesday, July 21 at 6:30 pm JR FALCON Parent Meeting (during camp week)
- Friday, July 24 JR FALCON Scrimmage and Community Night with Performances + Alumni Game
- Saturday, July 25 Cornhole, Annual Fundraising Event (inside @STL Athletic Center); doors at 6, event at 7
- Saturday, Aug. 29 First Game
- Aug. 31 – Sept. 15 Andoro's Pizza fundraising
- Friday, Sept. 4 Varsity Home Game vs Valle Catholic, Theme: Senior Night
- Friday, Sept. 18 Varsity Home Game vs Eureka, Theme: First Responders Night Honoring Ryan Hummert
- Friday, Oct. 2 Varsity Home Game vs Lafayette, Theme: Tackle Cancer
- Tuesday, Oct. 6 Andoro's Pizza pickup
- Friday, Oct. 9 Homecoming Parade and Varsity Game vs. Riverview Gardens
- TBD Team/Individual photos